Top 10 Reasons to Sing in Worship

10. Music depicts our life – with its ups and downs, its fast tempos and its moments of silence.

9. Singing engages our whole body – mind, heart, and physical being.

8. Singing is easier than praising God with the horn, harp, lyre, tambourine, cymbals, flute, or strings. (Psalm 150)

7. Singing God’s praise takes less coordination than dancing God’s praise. (We’re commanded to both in the psalms.)

6. “Singing together in church expresses so well the sacramental presence of God to his people,” (USCCB, Sing to the Lord, 2).

5. Jesus did it. “Then after singing a hymn, they [Jesus and his apostles] went out to the Mount of Olives,” (Matt. 26:30; Mark 14:26).

4. Music strengthens our faith and sung prayer lifts our minds to God (USCCB, Sing to the Lord, 5, 12).

3. “God has bestowed upon his people the gift of song. God dwells within each human person, in the place where music takes its source. Indeed, God, the giver of song, is present whenever his people sing his praises,” (USCCB, Sing to the Lord, 1).

2. God does it. “The Lord, your God is in you midst, a mighty savior; He will rejoice over you with gladness, and renew you in his love, He will sing joyfully because of you,” (Zephaniah 3:17).

1. God told us to! The Bible contains over 400 references to singing and over 50 direct commands to sing.